










TAIDOKAN – KYU GRADE TECHNIQUE SYLLABUS

10 TH KYU 	
<ul style="list-style-type: none"> ○ Ukemi ○ Kihon Dosa 	
9 TH KYU 	6 TH KYU 
<ul style="list-style-type: none"> ○ Shomen Uchi Shihonage ○ Kata Mochi Ikkajo Osae (1)(2) ○ Evasion (1 uke) 	<ul style="list-style-type: none"> ○ Ryote Mochi Shihonage (1)(2) ○ Katate Mochi Ikkajo Osae (1)(2) ○ Yokomen Uchi Nikajo Osae (1)(2) ○ Shomen Uchi Sankajo Osae (1)(2) ○ Ushiro Ryote Mochi Sankajo Osae (1)(2) ○ Shomen Uchi Shomen Iriminage (1)(2) ○ Juji Waza (1 uke)
8 TH KYU 	5 TH KYU 
<ul style="list-style-type: none"> ○ Yokomen Uchi Shihonage (1)(2) ○ Mune Mochi ikkajo Osae (1)(2) ○ Yokomen Uchi Nikajo Osae (1)(2) ○ Evasion (2 ukes) 	<ul style="list-style-type: none"> ○ Shomen Uchi Ikkajo Osae (1)(2) ○ Ushiro Eri Mochi Ikkajo Osae (1)(2) ○ Kata Mochi Nikajo Osae (1)(2) ○ Yokomen Uchi Sankajo Osae (1)(2) ○ Shomen Uchi Yonkajo Osae (1)(2) ○ Yokomen Uchi Shomen Iriminage (1)(2) ○ Katate Mochi Sokumen Iriminage (1)(2) ○ Juji Waza (1 armed uke)
7 TH KYU 	4 TH KYU 
<ul style="list-style-type: none"> ○ Katate mochi Shihonage (1)(2) ○ Hiji mochi Ikkajo Osae (1)(2) ○ Shomen uchi Nikajo Osae (1)(2) ○ Katate Aya mochi Nikajo Osae (1)(2) ○ Evasion (n ukes) 	<ul style="list-style-type: none"> ○ Yokomen Uchi Ikkajo Osae (1)(2) ○ Ushiro Ryokata Mochi Ikkajo Osae (1)(2) ○ Mune Mochi Nikajo Osae (1)(2) ○ Kata Mochi Sankajo Osae (1)(2) ○ Yokomen Uchi Yonkajo Osae (1)(2) ○ Katate Mochi Shomen Iriminage (1)(2) ○ Ushiro Ryokata Mochi Sokumen Iriminage (1)(2) ○ Hiji mochi Hijishime (1)(2) ○ Shomen Uchi Hijiate Kokyunage (1)(2) ○ Ryote Mochi Tenchinage (1)(2) ○ Juji Waza (2 ukes)

3RD KYU 

- Kata Mochi Ikkajo Osae (1)(2)
- Ushiro Katate Eri Mochi Ikkajo Osae (1)(2)
- Hiji Mochi Nikajo Osae (1)(2)
- Katate Mochi Sankajo Osae (1)(2)
- Kata Mochi Yonkajo Osae (1)(2)
- Ryote Mochi Shomen Iriminage (1)(2)
- Ushiro Ryote Mochi Sokumen Iriminage (1)(2)
- Katate Mochi Hijishime (1)(2)
- Yokomen Uchi Hijiate Kokyunage (1)(2)
- Ushiro Ryote Mochi Hijiate kokyunage (1)(2)
- Shomen Tsuki Kotegaeshi (1)(2)
- Shomen Uchi Ikkajo Osae (1)(2) Suwari Waza
- Mune Mochi Ikkajo Osae (1)(2) Suwari Waza
- Shomen Uchi Nikajo Osae (1)(2) Suwari Waza
- Suwari Waza Ryote Mochi Kokyuhō (1)(2)
- Juji Waza (2 armed ukes)





2ND KYU 

- Hanmi Handachi Katate Mochi Shihonage (1)(2)
- Ushiro Ryote Mochi Ikkajo Osae (1)(2)
- Katate Mochi Nikajo Osae (1)(2)
- Ushiro Ryokata Mochi Sankajo Osae (1)(2)
- Katate Mochi Yonkajo Osae (1)(2)
- Yokomen Uchi Sokumen Iriminage (1)(2)
- Shomen Uchi Hijishime (1)(2)
- Ushiro Eri Mochi Hijishime (1)(2)
- Shomentsuki Hijiate Kokyunage (1)(2)
- Shomen Uchi Kotegaeshi (1)(2)
- Katate Mochi Kotegaeshi (1)(2)
- Yokomen Uchi Ikkajo Osae (1)(2) Suwari Waza
- Hiji Mochi Ikkajo Osae (1)(2) Suwari Waza
- Yokomen Uchi Nikajo Osae (1)(2) Suwari Waza
- Hiji Mochi Nikajo Osae (1)(2) Suwari Waza
- Ryote Nikajo Osae (1)(2) Suwari Waza
- Yokomen Uchi Sankajo Osae (1)(2) Suwari Waza
- Shomen Uchi Yonkajo Osae (1)(2) Suwari Waza
- Yokomen Uchi Shomen Iriminage (1)(2) Suwari Waza
- Juji Waza (3 ukes)

1ST KYU 

- Hanmi Handachi Ryote Mochi Shihonage (1)(2)
- Shomen Uchi Nikajo Osae (1)(2)
- Ryote Mochi Nikajo Osae (1)(2)
- Ushiro Katate Eri Mochi Sankajo Osae (1)(2)
- Ryote Mochi Yonkajo Osae (1)(2)
- Kata Mochi Sokumen Iriminage (1)(2)
- Yokomen Uchi Hijishime (1)(2)
- Ushiro Ryote Mochi Hijishime (1)(2)
- Katate Mochi Hijiate Kokyunage (1)(2)
- Yokomen Uchi Kotegaeshi (1)(2)
- Ryote Mochi Kotegaeshi (1)(2)
- Kata Mochi Ikkajo Osae (1)(2) Suwari Waza
- Katate Mochi Ikkajo Osae (1)(2) Suwari Waza
- Mune Mochi Nikajo Osae (1)(2) Suwari Waza
- Katate Mochi Nikajo Osae (1)(2) Suwari Waza
- Shomen Uchi Sankajo Osae (1)(2) Suwari Waza
- Kata Mochi Sankajo Osae (1)(2) Suwari Waza
- Shomen Uchi Shomen Iriminage (1)(2) Suwari Waza
- Katate Mochi Shomen Iriminage (1)(2) Suwari Waza
- Katate Mochi Shomen Iriminage (1)(2) Suwari Waza
- Katate Mochi Sokumen Iriminage (1)(2) Suwari Waza
- Katate Mochi Hijishime (1)(2) Suwari Waza
- Yokomen Uchi Hijiate Kokyunage (1)(2) Suwari Waza
- Shomen Tsuki Kotegaeshi (1)(2) Suwari Waza
- Katate Mochi Hijiate kokyunage (1)(2) Suwari Waza
- Ryote Mochi Kotegaeshi (1)(2) Suwari Waza
- Juji Waza (3 armed ukes)

TAIDOKAN GRADE SKILLS

Grade	Skills required
10th Kyu 	Form, Kihon dosa, ukemi and safety Kamae form, Kihon dosa balance, height variation, rotation angles and weight distribution. Safe Ukemi and safe with partners.
9th – 7th Kyu 	Mechanics Centrality; correct joint and muscle use (maximising personal balance and effectiveness); displacement (impairing ukes balance and form); mechanical constructs (maximising personal power); and utilising our direction of movement with uke's direction of energy.
6th – 4th Kyu 	Transitions These create a more efficient movement between overt movements, utilising mechanics to enable the flow to continue. As efficiency increases the flow may be felt.
3rd – 1st Kyu 	Motion Changing weight distribution in Uke to create an imbalance towards the technique direction, while remaining in staccato movement. This act of leading uke, is the physical manifestation of subliminal technical transitional movements together with the residual power of the previous overt movement, plus uke's original energy. The staccato movement gives Tori time to seek and feel the effects of subtle transitional combinations, during the stillness

WHEN CAN I GRADE?

- Hold a current membership with the Taidokan
- Be able to demonstrate technique syllabus + Skills for target grade
- Check with your instructor to ensure you are ready
- Pay your grading fee (see below)

A TYPICAL TAIDOKAN GRADING

- Grading will last between 15-40 minutes depending on grade
- A senior student or instructor will lead the grading giving instruction
- Students will be graded on syllabus + skills + attitude + energy
- Junior students should aim to know at least 50% of the target grade
- All students should be able to demonstrate 'safe' techniques

GRADING FEES

- 10th Kyu £15*
- 9th Kyu £20*
- 8th Kyu £20*
- 7th Kyu £20*
- 6th Kyu £30*
- 5th Kyu £30*
- 4th Kyu £30*
- 3rd Kyu £35*
- 2nd Kyu £40*
- 1st Kyu £45*

*equivalent local currencies